

## Minutes

### Attending

#### Voting Members

Vice-President (Education) – Substitute Chair	Sophie Blanks	SB
BME Students' Officer	Lydia Owusu-Afram	LO-A
First Year Students' Officer	David Middleton	DM
International Students' Officer	Agnes Saaren	AS
Postgraduate Students' Officer	Daisy Smale	DS
Trans Students' Officer	Jamie Faulkner	JF
Women's Officer	Holly Allum	HA
Student Trustee	DS	

#### Non-voting Members

Head of Student Engagement	Mike Riley	MR
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### 1. Welcome & Apologies

#### Apologies

Vice-President (Welfare) - Chair	Greg Unitt	GU
Disabled Students' Officer	Kayleigh Millar	KM
LGBQ+ Students' Officer	Tom de Bruijn	TdB
Mature and Part-time Students' Officer	Jenni Block	JB

### 2. Approval of Minutes and Matters Arising

First Welfare Committee meeting of the Academic Year 2017-18 therefore there are no previous minutes

### 3. Officer Report

- a. V-P Welfare's Report (GU)

Going to set up meetings with liberation officers.

Working on a Mental Health Awareness raising campaign and fundraiser later in the year

### 4. Campaigns

- a. **Know Your Limit** – November, 2017

Did not happen this year – could reschedule for next Semester, build a campaign around online awareness of health concerns of alcohol, run a few sober events?

## Action

GU to check for resources for an online campaign and set timeframe and dates.

### b. **Ready to Rent** – 4<sup>th</sup> December, 2017 to 2<sup>nd</sup> February, 2018

The University Accommodation Office is leading with VP Welfare supporting.

The SU will have landlords in the Zee bar to talk through moving into private accommodation. A number of awareness raising and information sessions run by the Accommodation Office have been carried out. The committee suggested creating Survival Tips – for students living in shared accommodation. My Student Let awareness raising campaign as it is a Chichester and Bognor Regis only based company.

Residential Advisors – It was asked how can current students apply for that role and when are applications open?

## Actions

GU to check with Accommodation Office about how they work with My Student Let, also when and how they recruit for Residential Advisors and work with officers on Survival Tips for students living in Private Accommodation.

### c. **Zero Tolerance to Sexual Harassment** – 4<sup>th</sup> to 8<sup>th</sup> December, 2017

Happening now, HA and JB are working with SB on the campaign.

Monday releasing Social Media polls and voting. They have created cards of a specific fact relating to Sexual Harassment and where to get assistance and support contacts details on the back. They gave out cards in the LRC and took the whiteboard over for people to write up what they thought Sexual Harassment was. They are promoting the campaign through snapchat today, and then tomorrow working on raising awareness of consent – tea and bike videos.

Tea: <https://www.youtube.com/watch?v=oQbei5JGiT8>

Bike: <https://www.youtube.com/watch?v=-JwKjRaUaw>

The committee also suggested some information/training on bystander intervention.

On Friday there will be completed a round up video of the week, talking about what they've done and their perspective.

HA & JB attended an event run by tender.org.uk for the Shoulder2Shoulder campaign– resources and stats for us to use, compulsory training. Look to change date of training to earlier on, maybe prior to or just after Freshers'

The vote and polls went well.

### **Actions**

HA & JB to coordinate the video of the week round up, and source information regarding bystander intervention training. .

d. SAFE (Sexual Advice For Everyone) – 2<sup>nd</sup> February, 2018

SAFE packs, should include femidoms, and other safe sex items for lgbq+ students. LGBT Sexual Health advice, could link to Take a Stand on the 7<sup>th</sup> Feb. HIV Awareness on the days, as well as highlighting self-test kits and provide condoms for when leaving the SU venues.

### **Actions**

GU to source femidoms and LGBTQ+ specific safe sex items.

e. Healthy Living & Mental Health Awareness – 12<sup>th</sup> to 16<sup>th</sup> March, 2018

Healthy Body Healthy Mind

Healthy Living: Feeding the mouth with tastes food but not the body for healthy food, more vegetables in the restaurants, and nutritional information provided. How to guides/videos for easy to make healthy food.

Mental Health week in October, didn't happen. Looking to focus on men's mental health, potentially get in a male sports figure to speak to students and promote awareness through male Sports Teams.

#### Inter-student Discrimination

Look to address discrimination between students. Have texts written in different languages. Black history month canteen takeover. Chinese New Year – BME Students' Officer and International Students' Officer to work on. Northern European Independence Days. Flavours of the World, different one each week. Freshers' Week international event, wished they were doing more – there is an event next week prior to break-up for winter holiday. Female International Student of the Year as part of FES Awards

#### **Actions**

GU to coordinate Mental and Physical Health campaign for the Spring Semester, sports tournament as a fundraiser for mental health charity, to source videos/guides for making healthy meals as well as to talk to Eilor, the University caterers, about promoting the nutritional information around food options.

HA to look to include Female International Student into the FEW Women of the Year Awards

#### **5. Further items**

##### a. Mental Health Support

Officers highlighted that the quickest way to access the service is to go through the Drop-In sessions. If a student needs counselling it is very difficult for them to get a session – e.g. one officer first requested counselling prior to reading week, first session last week, end of November. There is no emergency help – Chichester local provision will refer back to University who then will just email saying here if needed. The SU is taking forward a

complaint about the Mental Health provision to the Student Support and Wellbeing department.

**Action**

GU to pursue complaint by officers about Student Support and Wellbeing's Mental Health support for students.

**6. Any Other Business**

Sexual Harassment, Assault and Consent Training – compulsory for sports clubs. HA to take a motion for all SU Officers, Society committees and Sports committees, also for leaders going on Tour (and team) to take consent, sexual harassment and assault training. To include Residential Advisors as well.

HA & JB run sessions and have a few options of times to get as many students to be able to attend as possible.

**Action**

DS to take motion for compulsory training to Student Council

New Chaplain

Acknowledged that she is very good and helpful, really good for the Trans Day of Remembrance service.

Also, noted congratulations to JF on Trans Day of Remembrance service and further activity throughout the week.

**7. Date, time and location of Next Meeting**

tbc