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| ASSESSING OUR RISKS –GENERAL RISK ASSESSMENT FORM | | | | | | | | | Risk Assmt. Ref: SUSPORT 007 | | | | | | | |
| Site/Department: | | | | | | | Probability/Severity | | Minor injury | Lost time/  Ill Health | | Major / >7 days | | Perm.  Disabi-lity | Fatal/  Site Loss | |
| Task/Activity/Area: | | | | | | | Highly  Unlikely | | **1** | **2** | | **3** | | **4** | **5** | |
| Notes: | | | | | | | Unlikely | | **2** | **4** | | **6** | | **8** | **10** | |
| RA Team: | | | | Date of RA: | Review Date: | | Possible | | **3** | **6** | | **9** | | **12** | **15** | |
| People at risk: | | | | | | | Probable | | **4** | **8** | | **12** | | **16** | **20** | |
| Dept Manager (Print Name): | | | | Signature: | | | Certain | | **5** | **10** | | **15** | | **20** | **25** | |
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| Ref No. or Task-Step | Hazards identified or clear Injury causes, highlighting risks  (Injury focused - see checklist) | Score -No controls | Controls/Procedures/Key Behaviours  (existing controls, information, training etc) | | | Score -Post Controls | | Further action required | | | Score -Post Action | | Post action  Completion  Date | | | Signed  off  by |
| 1 | Slipping | 6 | Activity organiser to check space before use to identify any slip risks.  Ensure that indoor facilities have adequate lighting and ventilation | | | 3 | |  | | |  | |  | | |  |
| 2 | Tripping | 6 | Activity organiser to check space before use to identify any trip risks. | | | 3 | |  | | |  | |  | | |  |
| 3 | Running into other player | 6 | Activity organiser to educate players about fair play and the dangers involved in that facility. | | | 3 | |  | | |  | |  | | |  |
| 4 | Running into wall | 6 | Activity organiser to advise all participants of the dangers regarding equipment.  A first aider will be present in case of any injury (THCS Staff).  All equipment will be tested regularly for safety. | | | 4 | |  | | |  | |  | | |  |
| 5 | Joint/muscle injury | 6 | Activity organiser to advise Participants of the risks of injury while playing and will be advised to warm up joints and muscles before participating.  Activity organiser to advise to ensure all jewellery is removed from players prior to the start of the session | | | 3 | |  | | |  | |  | | |  |
| 6 | Over-exertion | 6 | Players / Students to warm up before any competitive fixture, and warm down and stretch as appropriate.  SU Sport Club captain and or coach to be ensure they aware of individuals capabilities | | | 2 | |  | | |  | |  | | |  |
| 7 | Asthma attack, anaphylactic shock, epileptic attack | 15 | Players / students to discloses any illness when signing up to be a Sports Federation members.  Assessment to be made of viability of allowing athlete to participate in activities.  Senior Committee members / SU Club Captains to be aware of conditions and carries mobile phone at all times.  Asthmatic athletes expected to carry inhalers at all times. | | | 10 | | Senior committee members to contact Sports Co-ordinator to ensure all rowers have sports federation membership and completed health history questionnaire. | | | 5 | |  | | |  |
| 8 | Dangerous unsafe equipment leading to injury | 16 | Activity organiser check equipment during the summer as part of handover process  Activity organiser check equipment before each match or training session  Match Officials (Where applicable) check equipment before fixture and to raise any concerns prior to the match | | | 6 | |  | | |  | |  | | |  |
| 9 | Unsafe facilities due to adverse weather leading to injury | 16 | THCS/Estates staff to check facilities prior to fixture.  Qualified officials and SU Sport Club Captains to check pitch is safe to play prior to start of the match  If conditions become unsafe once started, qualified officials are to call the match off. Where no qualified official is assigned to match, SU Sport captain to call Sports Co-ordinator to seek advice but must immediately stop play.  Up-to-date risk assessments are kept of all facilities | | | 4 | |  | | |  | |  | | |  |
| 10 | Concussion due to collision | 12 | Official / Coach / Captain to stop match immediately.  If the team does not have a sports therapist present, must contact THCS for a qualified first aider.  If suspected concussion player is not to return to the field of play  Player to complete 3 weeks rest period  \*Please refer to SU Sport concussion policy for further clarification | | | 3 | |  | | |  | |  | | |  |
| 11 | COVID-19 Infections | 12 | All activities should have a covid-19 Officer present to ensure activity is run safely  The Covid officer is to be aware of the latest Government, University of Chichester, UCSU, and/or sector/NGB COVID-19 Guidance  \*Please refer to SU Activities COVID-19 Guidance and Generic Risk Assessment | | | 6 | |  | | |  | |  | | |  |
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| **Emergency Contact Details**  *Please note opposition contact details can be found on your Match Packs*  *In the event of an accident / incident during an SU Sport affiliated activity please inform us at the earliest opportunity when it is safe to do so on the contact details above or on the office landline on:*  UCSU Sports & Activities Manager 01243 816324  UCSU General Manager 01243 816398  If you cannot get through to a member of SU staff please contact the university caretakers on:  UoC Caretakers 01243 816363  For any minor injuries or incidents you must complete a Sports Federation Accident Report Form as soon as possible. These can be found online at **ucsu.org/accident** | | | | | | | | | | | | | | | | |